

Food & Nutrition Conference & Expo™
October 20-23, 2018
Walter E. Washington Convention Center
Washington, D.C.
Press Room: Room 208AB

eat right. Academy of Nutrition
and Dietetics

www.eatright.org
www.eatrightPRO.org

120 South Riverside Plaza
Suite 2190
Chicago, Illinois 60606-6995
800.877.1600

1120 Connecticut Avenue NW
Suite 460
Washington, D.C. 20036

FOR RELEASE OCTOBER 11, 2018

Media contact: Lydia Hall, Sarah Amundsen
800/877-1600, ext. 4769, 1743
media@eatright.org

NEW YORK CITY REGISTERED DIETITIAN NUTRITIONIST JUDITH A. GILBRIDE RECEIVES ACADEMY OF NUTRITION AND DIETETICS' HIGHEST HONOR

CHICAGO – Registered dietitian nutritionist Judith A. Gilbride, a professor in the department of nutrition and food studies at New York University, has been named the 2018 recipient of the [Academy of Nutrition and Dietetics](#)' highest honor, the Marjorie Hulsizer Copher Award.

Gilbride will receive the Copher Award October 20 at the Opening Session of the Academy's [Food & Nutrition Conference & Expo™](#) in Washington, D.C. The Academy is the world's largest organization of food and nutrition professionals.

The Marjorie Hulsizer Copher Award is named in honor of an early 20th-century pioneer in dietetics who was recognized by the British and French governments for her service in World War I. Copher served as chief dietitian at Barnes Hospital in St. Louis, Mo. After her death, a gift from Copher's husband to the Academy (then known as the American Dietetic Association) established the award in her honor.

Gilbride, who chaired NYU's nutrition and food studies department from 2003 to 2012, served as the Academy's President in 2006-2007. A member of the Academy since 1968, Gilbride joined the faculty at NYU in 1981, advancing from assistant to full professor.

Her research interests include nutritional assessment, gerontology in community-based settings, clinical nutrition management, dietetics education and genetics education for nutrition and health professionals. Since 2002, Gilbride has been the editor-in-chief of the journal *Topics in Clinical Nutrition*.

Gilbride has authored or co-authored more than 50 research papers and book chapters. She is well-known for her work in promoting the role of registered dietitian nutritionists in genomics, higher education, aging and clinical practice.

Gilbride's previous leadership positions within the Academy of Nutrition and Dietetics include speaker of the House of Delegates, chair of the Legislative and Public Policy Committee and member of the Academy Foundation's Board of Directors.

In 1997, Gilbride received the Academy's Medallion Award for outstanding service to the nutrition and dietetics profession. She was named the first Greater New York Dietetic Association's Distinguished Dietitian in 1989 and received the award again in 1992.

For 14 years, Gilbride was the Academy's alliance representative to the National Coalition for Health Professionals Education in Genetics and represented the Academy on the Human Genome Education Model Project (HuGEM II). In addition to the Academy, Gilbride has served on committees and task forces for the American Society for Nutrition and Israeli Council for Higher Education.

In the words of a colleague, Gilbride has “inspired others to learn, to teach, to share what they have learned and to lead.”

Another colleague once asked Gilbride for advice on serving in a leadership role. “Judy’s response was ‘Make others look good.’ This statement is what Judy has lived by throughout her career as she patiently guides and encourages others to seek the highest standards of professional practice. This is a characteristic of a true leader.”

Gilbride is a graduate of Framingham State College. She earned a master’s degree and a doctorate from New York University.

###

Eligible journalists on assignment are welcome and encouraged to cover the Academy’s Food & Nutrition Conference & Expo™. For media credentials, visit <http://www.eatrightFNCE.org/media>. For more information, call 800/877-1600, ext. 4769, or email media@eatright.org.

The Academy of Nutrition and Dietetics is the world’s largest organization of food and nutrition professionals. The Academy is committed to improving the nation’s health and advancing the profession of dietetics through research, education and advocacy. Visit the Academy at www.eatright.org.