

Foreword to Updates in Aesthetic Surgery II: *Plastic and Reconstructive Surgery* Cosmetic Supplement

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In the spring of this year, we brought you the first *Updates in Aesthetic Surgery: Plastic and Reconstructive Surgery Cosmetic Supplement*. It was a special electronic supplement, available exclusively on the PRSJJournal.com Web site and on the iPad. That supplement featured video introductions from expert surgeons and dermatologists along with handpicked “best-of-the-best” articles in cosmetic surgery from *Plastic and Reconstructive Surgery*. With the success of that first supplement, we are pleased to bring you this second *Updates in Aesthetic Surgery* supplement, featuring new expert discussants and additional “best of” articles from *Plastic and Reconstructive Surgery*.

In this supplement, come along and learn with us as we receive sage advice from the following experts who comment and provide updates on these topics:

Rhinoplasty: *Introduced by Ronald P. Gruber, M.D.*

- Changing the Convexity and Concavity of Nasal Cartilages and Cartilage Grafts with Horizontal Mattress Sutures¹
- Harvesting Rib Cartilage Grafts for Secondary Rhinoplasty²

Facial and Neck Rejuvenation: *Introduced by Bahman Guyuron, M.D.*

- The Tear Trough and Lid/Cheek Junction: Anatomy and Implications for Surgical Correction³
- A 26-Year Experience with Vest-over-Pants Technique Platysmarrhaphy⁴

Optimizing Cosmetic Breast Augmentation: *Introduced by Dennis C. Hammond, M.D.*

- Breast Augmentation: Choosing the Optimal Incision, Implant, and Pocket Plane⁵

- Dual Plane Breast Augmentation: Optimizing Implant–Soft-Tissue Relationships in a Wide Range of Breast Types⁶

Complication Avoidance and Management in Body Contouring: *Introduced by Alan Matarasso, M.D.*

- Complication Rates of Lipoabdominoplasty versus Traditional Abdominoplasty in High-Risk Patients⁷
- Scarpa Fascia Preservation during Abdominoplasty: A Prospective Study⁸

Facial Rejuvenation through Toxins and Fillers: *Introduced by Jean D. A. Carruthers, M.D.*

- Comparisons among Botulinum Toxins: An Evidence-Based Review⁹
- Anatomy and Nonsurgical Correction of the Tear Trough Deformity¹⁰

In addition, you’ll find helpful practice management articles from our sister publication, *Plastic Surgery News*. Through these important articles and video updates, I think you’ll find excellent clinical and surgical insight that will enable you to achieve better outcomes with improved patient safety and satisfaction.

I thank our panel discussants, who provided us with great insight that can only be gathered through years of experience. I appreciate them sharing wisdom, and I hope that their success will become your own as well. Thank you to Ron Gruber, Bahman Guyuron, Dennis Hammond, Alan Matarasso, and Jean Carruthers, master surgeons, dermatologists, and “esteemed doctors” all.

I hope you enjoy reading this special supplement and rediscover why cosmetic procedures

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truly bring order, hope, and esteem back to our patients' lives.

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