The Pediatric Anterior Cruciate Ligament – Evaluation and Management Strategies

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REVIEW

A unique book that gives you all about pediatric ACL deficiency in one concise format. The book is a compilation of interesting chapters dedicated to pediatric ACL by various authors primarily from USA. The authors have managed to summarize and eloquently put forth all important aspects with regards to every topic related to the pediatric ACL. Besides personal experience and opinion, they have been able to amalgamate all the management strategies currently available in literature despite maintaining brevity. Although in depth details of every aspect may not be covered, the book provides a ready first reference to clear the basics of every necessary understanding on the topic. Excellent sub-references are provided for those requiring in depth details.

The book manages to convey all the principles and guidelines on management of pediatric ACL deficient knee in a crisp manner. This helps the reader to take a well-informed and updated decision when encountered with managing this condition. Algorithms and illustrations in the book provide useful tools for ready understanding. The writing is very lucid, providing ease of reading, comprehensibility with a well-presented format. Being a very focused topic, there may be repetition of material in some areas. However it helps the reader get a right perspective to differentiate commonalities from personal preferences of the authors.

The wide spectrum of topics included from assessment of skeletal maturity, evaluation, non-surgical, surgical managements to detailed rehabilitation and mention on future trends makes it a wholesome read. Readers would certainly look forward to the next edition, which would be more comprehensive with a worldwide perspective. The publisher could possibly have included a digital format with technical videos and wider range of illustrations to make it more complete.

On the whole this book is a definite read and possibly a must have reference on the bookshelf of any surgeon dealing with this pathology.

Reviewer

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