Meniscal ramp lesions are injuries to the medial meniscus meniscocapsular junction. These are present in 9% to 42% of patients with anterior cruciate ligament (ACL) tear.

**Injury Biomechanics**
Combination of valgus strain, internal tibial rotation, and axial load due to ACL rupture.

**Anatomic Consequences**
Disruption of the posterior meniscocapsular junction and meniscotibial ligaments.

**Diagnosis**
- **MRI**
  - Posterior medial tibial plateau edema suggestive of signal change near the posterior meniscocapsular junction.
- **Arthroscopy**
  - Visualization of the posterior medial meniscocapsular junction viewed through the intercondylar notch, serving as a benchmark for diagnosis.

**Treatment Considerations**
- Surgical repair
- Stimulation of local biology without repair
- No treatment

**Factors to Consider**
- Length of the tear
- Depth of the tear
- Stability to probing

Rehabilitation based on the treatment procedures and surgeon’s experience.

More evidence regarding diagnosis, treatment, and rehabilitation is needed to guide management of patients with ramp lesions.