Juggling Family and Career: How “Family Call” Affects Professional Advancement of Orthopaedic Surgeons

Women are underrepresented in orthopaedic surgery, especially in leadership roles.

Disproportionate time spent on household responsibilities could be the cause for this disparity.

Online survey of listed members of the American Academy of Orthopaedic Surgeons

- 28 multiple-choice questions
- 377 of 2043 responders

Assessment
- Demographics
- Household chores
- Family dynamics

Household tasks performed mostly by

- Female surgeons with or without children
  - Family care
  - Meal preparation
  - Cleaning and laundry
  - Grocery shopping

- Male surgeons with children
  - Finances
  - Household repairs

Despite working for the same number of hours per week, female orthopaedic surgeons spend more time on unwaged household responsibilities than their male counterparts, which may leave them with less time to devote to professional advancement.

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Taking Family Call: Understanding How Orthopaedic Surgeons Manage Home, Family, and Life Responsibilities