Factors Associated with Discharge on Same Day of Total Knee/Hip Replacement

For properly selected patients, outpatient total knee/hip arthroplasty (TKA/THA) is becoming increasingly common.

What factors influence same calendar day discharge (SCDD) after TKA/THA?

Factors associated with SCDD

- **Patient perceptions**
- **Patient selection**
- **Preoperative evaluation**
- **Pain management**
- **Prevention/management of complications**
- **Patient mobilization**

- **Infections**
- **Recovery**
- **Lower Outpatient Arthroplasty Risk Assessment score**
- **Patient education and expectation management, clinical expertise, conducive infrastructure, and social support**
- **Multimodal techniques of analgesia to control pain and avoidance of narcotics**
- **Treating or preventing common complications like urinary retention, hypotension, nausea, and vomiting**
- **Implementing safe mobilization using physical therapy**

Social support is an indispensable component of successful SCDD

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"Outpatient"—Same-calendar-day Discharge Hip and Knee Arthroplasty