

Harvard Review of Psychiatry

**Department of Psychiatry, Harvard Medical School
Winter—Spring 2023**

McLean Hospital

**January 9–10
March 6–7
June 5–6**

**SOCIAL JUSTICE, FAITH, TRAUMA AND A WAY FORWARD:
A WORKSHOP FOR PROFESSIONALS**

[Register here](#)

McLean Hospital's Institute for Trauma-Informed Systems Change offers a two-day virtual course, "Social Justice, Faith, Trauma, and a Way Forward." Learn from leading experts about how they have successfully placed a trauma-informed lens in the areas of education, justice system, public policy, social justice, spirituality and faith, government, and community.

Highlights include:

- How to use a restorative justice approach to create conditions in an organization where people are cultivating connections and healing while attending to the work of dismantling racism and other systems of oppression
- How faith and spiritual practices inform the work of transforming the self and contribute to the foundation of root systems change; the role of restorative justice in creating access to people across faiths and to those who do not claim a faith tradition
- How faith and spirituality can shield people from the full effects of trauma and how to apply resources to the work of healing within institutions

SAVE THE DATE:

COACHING IN LEADERSHIP AND HEALTHCARE - APRIL 27-29

Held virtually on Zoom

ADDICTIONS 2023 - MAY 5-6

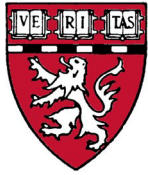
Mass General Brigham at Assembly Row
399 Revolution Drive
Somerville, MA 02145

PSYCHIATRY IN 2023 – JUNE 8-10

Fairmont Copley Plaza Hotel
138 St James Ave.
Boston, MA 02116

Registration details coming soon!

For more information on the above courses, contact Department of Postgraduate & Continuing Education, McLean Hospital. Telephone: 617-855-3152; email: education@mclean.harvard.edu



Harvard Review of Psychiatry

Cambridge Health Alliance

February 3-4

SCHOOL MENTAL HEALTH: TREATING STUDENTS K-12

Live—Boston, MA

As we enter the third year of the pandemic, the impact on our students is increasingly clear but so too are new solutions and approaches. Mental health needs have skyrocketed among youth, and many schools struggle with burned out teachers and administrators, challenging parents, and a lack of mental health providers in schools and their communities. We are eager to come together again in person to share successes and challenges on our collective journey through constant uncertainty.

February 10-11

PSYCHEDELIC-ASSISTED PSYCHOTHERAPY: PROMISES AND PERILS

Live and Live Stream—Boston, MA

What do clinicians need to know about the recent explosion in scientific research and media attention (including hype) focused on psychedelic-assisted psychotherapies (PAP)? How might our patients benefit from these developments while avoiding harm? Along with expanding our understanding of the potential clinical benefits of these compounds, it is essential for clinicians to understand their dangers. Harm can come from multiple angles, including reenactments of trauma and systemic racism and other injustices from which psychotherapy can never be fully insulated. Recent press highlighting exploitation and failures to competently treat the most vulnerable patients in the vulnerable states associated with these medicines highlights the need for clinicians interested in PAP to fully understand the complexities that may arise and the steps they can take to prevent or reduce various sources of harm.

Accordingly, this course will address the research on the benefits of psychedelics for treating mental health disorders. It will explore the critical issues that clinicians must recognize and address to provide competent, safe and trauma-informed PAP. Finally, it will introduce trainings and organizations that promote effective and ethical work.

February 14 – March 14

THE ART AND SCIENCE OF EXPERT WITNESS TESTIMONY

Live Stream Only

Physicians, psychologists and neuropsychologists are likely to be pulled into court as treating witnesses, particularly in specialties such as orthopedic surgery, neurology, pathology and psychiatry. Additionally, many physicians seek out expert witness work for the intellectual challenge and practice-building opportunities. Yet there is almost no formal training in expert witness testimony offered in medical school or residency and few high-quality opportunities exist for training with trusted colleagues via CME.

The goal of this course is for participants to identify and develop new skills to address the areas where the needs and expectations of the courtroom collide with the communication habits clinicians have developed over years of academic and professional training. Topics include shifting one's mindset from academic teaching to juror-focused relational communication, using clear language and vivid visuals, understanding the needs of various courtroom stakeholders, establishing credibility and regulating one's own emotions during testimony. Participants will gain key insights to answer the central question: "Does the answer I am about to give help these specific jurors with their difficult intellectual task of deciding the case?"

Registration is opening soon for these courses:

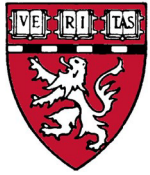
March 3-4

TREATING THE ADDICTIONS

Live—Boston, MA

This course presents an overview of the latest clinical, theoretical, and research findings on addictive behaviors for adolescents and adults. Faculty will review updates on the opioid epidemic, gambling disorder, stimulants, psychedelics, and the implications of expanded marijuana use, as well as discuss the importance of considering diverse population perspectives, community initiatives, and lived experience roles in the recovery process. Finally, we'll contemplate the future and place of digital psychiatry and telehealth models for addiction treatment.

All course information is available at <http://www.cambridgecme.org> and <https://cmecatalog.hms.harvard.edu/>; or contact Harvard Medical School Postgraduate Medical Education, at CEPrograms@hms.harvard.edu or 617-384-8600.



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Massachusetts General Hospital

February 19–22, 2023 SUBSTANCE USE DISORDERS: A COMPREHENSIVE REVIEW AND UPDATE 2023

Live—Orlando, FL

[Register here](#)

Attend this conference on substance use disorders to hear the latest research and find guidance that enhances your care for patients. Our agenda focuses on a broad update across the spectrum of substance use disorders. Sessions cover everything from neuroscience and developmental perspectives all the way through recovery-oriented systems of care. Our faculty share their experience as both clinical caregivers and research experts. They make time to answer questions and help you find solutions for complex conditions.

March 17–19

CHILD & ADOLESCENT PSYCHOPHARMACOLOGY 2023

Live—Ko Olina, HI

[Register here](#)

This program provides psychiatrists, pediatricians, primary care and family practice physicians, nursing professionals, psychologists, social workers, and other mental health professionals with insights to optimize your assessment, treatment, and management of child and adolescent patients with psychiatric conditions.

[DATES VARY] ONLINE COURSES ON CBT AND MIND BODY MEDICINE

[CBT](#) and [Mind Body Medicine](#)

If your practice includes patients who have complex mental health conditions, it's important to have knowledge and skills in cognitive behavioral therapy (CBT) and mind body medicine. These online courses are easy to use and access from your home, office, or anywhere else. They include live weekly calls with course faculty and interactive discussion boards that let you share ideas and post questions. The flexible course schedules allow you to complete assignments whenever your practice schedule allows. Topics include advanced psychotherapy strategies, fundamentals of mind body medicine, adapting CBT for the treatment of children, using mind body medicine in clinical practice, CBT for OCD in adults and children, and more.

For more information on the above courses, contact Massachusetts General Hospital Psychiatry Academy.

Telephone: 866-644-7792; email: mghcme@mgh.harvard.edu; visit: www.mghcme.org. Also: [Facebook](#) and [Twitter](#).