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Just identify an article and receive an email alert whenever that article appears in another article's reference list!

STEP 1: REGISTER WITH THE LWW JOURNAL WEB SITE.

Skip ahead to Step 2, if you are already registered. If not, registration is required to use the personalized features of any LWW Journal Web Site. By registering, you can do some neat stuff: save your searches, email articles to colleagues, save articles from multiple journals to personal collections, receive eTOC alerts, collection alerts, citations alerts, and more...

To get started, visit the Journal home page and click "Register" (upper right hand corner).



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When you are finished, you will be given a chance to activate your full text access to the journal if you are a subscriber. If you are not a subscriber, you will still be able to use all the great personalized features of the Journal web site, but you will not have access to the full text or PDF of the article content.

STEP 2: LOGIN. Visit the Journal home page and click Login (upper right-hand corner) and enter your personal username and password.



STEP 3: FIND AN ARTICLE OF INTEREST. Find the article you wish to add to your Alert Me When Cited notifications. Click on the *Alert Me When Cited* link in the Article Tools sidebar box.

The screenshot shows the 'Article Tools' sidebar on the Lippincott Williams & Wilkins website. The sidebar contains the following links: Article as PDF (201 KB), Article as EPUB (?), Print this Article, Email To Colleague, Add to My Favorites, Export to Citation Manager, Alert Me When Cited (?), and Request Permissions. Below these are 'Images' links: View Images in Gallery and Export All Images to PowerPoint File. A red arrow points to the 'Alert Me When Cited' link. To the right, a smaller version of the sidebar is shown, also with a red arrow pointing to the 'Alert Me When Cited' link. Below the sidebar, an abstract is visible, starting with 'McBride, JM, Skinner, JW, Schafer, PC, Haines, TL, and Kirby, TJ. Comparison of kinetic variables and muscle activity during a squat vs. a box squat. J Strength Cond Res 24(12): 3195-3199, 2010-The purpose of this investigation was to determine if there was a difference in kinetic variables and muscle activity when comparing a squat to a box'.

REMEMBER:

You can manage your Citation Alerts from within the *My eTOCS and Alerts* tab of your account settings.

If you ever need help with an LWW Journal Web site, [Visit our Online Help Center](#)..

THANK YOU!