

## 16<sup>th</sup> Annual WCIRDC Begins November 29, 2018

The World Congress on Insulin Resistance, Diabetes & Cardiovascular Disease (WCIRDC) will hold its 16<sup>th</sup> annual conference November 29 to December 1, 2018 at the Universal City Hilton in Los Angeles, California. The premiere global meeting dedicated to diabetes, obesity, lipids, cardiovascular disease (CVD), metabolism, and energy balance, this unique and exciting Congress links research to clinical practice and provides an exclusive opportunity for clinical and basic scientists, researchers, and practicing clinicians to collaborate on new data, emerging scientific principles and management strategies. Our theme is “*Exploring New Frontiers in Metabolism — Tomorrow’s Clinical Science Today.*”

Since its inception, the WCIRDC has brought researchers, clinicians, journalists, and thought leaders together for a unique international program that explores the integration of new science into the development and application of new therapies, all with a bench-to-bedside approach. At the WCIRDC, attendees can interact with a faculty of distinguished global experts. Working together, experts and clinicians further the understanding of metabolic diseases and translate new knowledge into best practices for using medications, devices, and procedures to manage CVD and other complications.

All Cardiovascular Endocrinology & Metabolism readers/members are invited to join us for our best program yet! This year, we celebrate the life and scientific contributions of Dr. Gerald Reaven with a special session dedicated to his work entitled “The Metabolic Syndrome Revisited: A Salute to Gerald Reaven, MD.” This session will be chaired by Dr. Ralph DeFronzo and feature lectures on the mechanisms and physiology and pathophysiology of insulin resistance, delivered by Dr. Peter Reaven and Dr. George King as well as Dr. DeFronzo.

We will also honor the leadership and incredible scientific work of Philipp E. Scherer, the recipient of the newly named Gerald M. Reaven Distinguished Leader in Insulin Resistance Award for his contribution to the development and understanding of the science and research of insulin resistance and diabetes. Dr. Scherer, a Professor in the Department of Internal Medicine at University of Texas Southwestern Medical Center and Director of Touchstone Diabetes Center in Dallas, Texas, will deliver the keynote lecture, “The Central Role of Adipose Tissue for Metabolic Homeostasis and Systemic Insulin Sensitivity.”

For the specialists and primary care clinicians, the WCIRDC will feature a series of workshops and “meet the expert” panels, which will address the clinical management of kidney disease, diabetes, obesity, lipids, the high-risk CVD patient, and more. Recognized clinical experts will provide special commentaries on the clinical practice implications of research into metabolism, vascular biology, obesity, and diabetes.

The Congress also attracts state-of-the-art abstracts from around the globe. These abstracts will be published in *Endocrine Practice*, the official journal of the American Association of Clinical Endocrinologists (AACE). Typically, articles about the meeting are also published in several other medical journals such as *Metabolism*, *The Journal of Diabetes*, and *Diabetes Care*.

A major unique strength of the Congress is its intimate setting, which promotes personal direct contact between the audience and the distinguished faculty. For more information, agenda, and a list of the outstanding international faculty at the WCIRDC, please visit [www.wcir.org](http://www.wcir.org)

The WCIRDC offers a reduced fee for readers/members by using code **MEDIA30** when you register at [www.wcir.org/registration](http://www.wcir.org/registration). You may also be eligible to earn up to 27 CME credits. We look forward to having you join us for this year’s program!