Dysnatremia and 6-Month Functional Outcomes in Critically Ill Patients With Aneurysmal Subarachnoid Hemorrhage: A Prospective Cohort Study

**OBJECTIVE**
Investigate the association between plasma sodium and 6-month neurologic outcomes in aneurysmal SAH patients.

**DESIGN**
Prospective cohort study in 11 ICUs across Australia and New Zealand.

**RESULTS**
- 356 patients
- Mean Age: 57 yrs (+/- 12.6 yr)
- Severe aSAH: WFNS ≥ 3, 42%
- 6-Month Poor Outcome: mRS ≥ 4, 32%

**CONCLUSIONS**
Higher mean sodium concentrations, greater variability and a falling trend in sodium concentrations were associated with worse neurologic outcomes at 6 months.