This was a well written manuscript and good contribution to the literature on the effectiveness of pelvic floor muscle training for urinary incontinence.

Minor editorial recommendations:

Page 4, line 2: Change "...PFMT effectiveness on incontinent episodes" to "...PFMT effective in reducing incontinent episodes".

Page 4, line 4: Change, "...treatment parameters is most effective on outcomes outlined above" to "...treatment parameters is most effective in relation to the outcomes outlined above".

Page 2, line 12: Change, "...how much severe women felt their symptoms of urine loss" to "...how severe women felt their symptoms of urine loss were".